

HARRISBURG'S ONLY

MR. DELI

and Mrs. Too!

NEW YORK STYLE DELI

Locally Owned Since 1983

Our chef prepares numerous entrées daily.
We use the finest and freshest ingredients available.
Ask your server for the specials of the day.

Salads

MR. DELI SUPREME

Assorted Greens Topped with Turkey Breast, Blueberries, and Almonds Served with Fat Free Raspberry Vinaigrette Dressing **7.95**

Steakhouse Salad Marinated Grilled Flat Iron Steak atop Mixed Greens, Real Bacon Bits, Tomato and Red Onion **8.95**

Normandy Salad Romaine Lettuce Topped with Fresh Mozzarella Cheese, Cucumbers, Sprouts and Guacamole **7.50**

Chicken on the Green Assorted Greens Topped with Sliced Tomatoes, Red Onions, Cucumbers and Grilled Chicken Breast **7.25**

Oriental Salad Crisp greens Tossed in Sweet Ginger Sesame Dressing and Topped with Mandarin Oranges, Crispy Noodles, Almonds and Strips of Grilled Chicken Breast **7.95**

California Chicken Salad Marinated Chicken, Tossed with House Vinaigrette, Served on Mixed Greens with Tomatoes, Cucumbers and Onions **7.50**

Chef Salad Mixed Greens Topped with Ham, Turkey, Swiss, Hard Boiled Egg, Tomatoes, Cucumbers and Onions **7.50**

Chicken Taco Salad Taco Shell filled with Shredded Lettuce, Onions, Tomatoes, Shredded Cheddar, Salsa and Chicken, Served with Sour Cream and Guacamole **7.95**

One Scooper Either Tuna Salad or Chicken Salad atop Mixed Greens, Tomatoes, Cucumbers and Red Onions **7.25**

Big Fat Greek Salad **7.25**
with Chicken Breast **add 3.00**
with Gyro Meat **add 4.00**

Grilled Chicken Caesar Salad Chopped Romaine Topped with Grilled Chicken, Imported Parmesan Cheese and Cucumbers **7.50**

All Dressing Served on the side.

DRESSINGS: Our Famous House Dressing, Blue Cheese, No Fat Italian, No Fat Ranch, No Fat French, 1000 Island, Oil and Vinegar, Fat Free Raspberry Vinaigrette. Extra Dressing 50c.



A TASTE OF THE BIG APPLE

Fish Platters

Bagel and Cream Cheese served with each Platter. Capers available upon request.

White Fish Salad Lettuce, Tomato, Cucumber and Garnish **8.95**

Nova Scotia Platter Lettuce, Tomato, Red Onion and Garnish **11.95**

Kipperd Salmon Platter Lettuce, tomato, Red Onion and Garnish **12.95**

Smoked Fish Combo for Two Nova, Kipperd Salmon, Whitefish Salad, Cream Cheese, Tomato, Red Onion and Bagels **23.95**

New York Specialties

Potato Latkes Shallow Fried Pancakes made of Grated Potato and Egg, Flavored with Grated Onions and Served with Sour Cream and Applesauce **5.95**

Cheese Blintzes Sautéed, Rolled, Crepe-like Pancakes filled with Cottage Cheese and Cream Cheese, Served with Sour Cream and Choice of Blueberry or Strawberry Topping **6.95**

Gourmet Potato Knish **3.75**

New York Hot Dogs "Zion"

Kosher Hot Dog in Roll **2.95**

with Sauerkraut **3.50**

with American Cheese **3.75**

Mustard, Relish, Onions on request.



Appetizers and Sides

- Cole Slaw **1.75**
- Potato Salad (Homemade) **1.75**
- French Fries **2.50**
- Waffle Fries **2.95**
- Sweet Potato Fries **2.95**
- Onion Rings (Large and Crispy) **3.95**
- Fresh Fruit Salad **in season**
- Hummus and Pita Points (Toasted) **4.25**

Pitas Plus

Served with Homemade Potato Salad and Kosher Pickle Spears.

- Pita O'Tuna** Solid White Tuna Salad, Sprouts, Cucumbers, Lettuce and Tomatoes **6.95**
- Pita Perfection** Fresh Mozzarella Cheese, Fresh Spinach, Avocado, Hummus, Cucumbers with No Fat Ranch Dressing **6.95**
- Pita Cluck** Chicken Salad, Sprouts, Cucumbers, Fresh Spinach, Tomatoes with No Fat Ranch Dressing **6.95**
- Pita Pan** Sliced Turkey, Avocado, Sprouts, Tomatoes, with No Fat Ranch Dressing **6.95**
- Turkey Burger** Served on a Kaiser Roll with Lettuce and Tomato **5.75**
- Boca Veggie Burger** Served on a Kaiser Roll with Lettuce and Tomato **6.25**
- Stir Fry Veggie and Chicken** Served over Rice and Topped with Sliced Grilled Chicken Breast **8.25**

Hearty Fare

- Fish and Chips** Fried Haddock Served on a Kaiser Roll with Cole Slaw and French Fries **7.25**
- Chicken Tenders** Served with Cole Slaw and French Fries **7.95**



Famous Sandwiches

Served with Homemade Potato Salad and Kosher Pickle Spears.

- Reuben** Hot Corned Beef, Melted Swiss and Provolone, Russian Dressing, Topped with Sauerkraut, Grilled on Rye **7.50**
- Mighty Matthew** Hot Pastrami Topped with Melted Provolone, Cole Slaw and Russian Dressing, Served on Fresh Rye **7.50**
- Fowl Play** Lots of Turkey Breast, Cole Slaw and Russian Dressing on Fresh Rye **7.50**
- Tuna Melt** A Grilled Favorite, Solid White Tuna Salad, Melted American Cheese and Crisp Bacon on Grilled Rye **7.50**
- Love At First Bite** Roast beef, Pastrami, Hot Corned Beef, Tomato, Onion, Russian Dressing, Grilled on Rye **7.50**
- Michael's Favorite** Mesquite Chicken Breast, Muenster Cheese, Cole Slaw, Russian Dressing, Grilled on Pumpernickel **7.50**
- Condors Revenge** Grilled Roast Beef, Sautéed Onions, Horseradish Sauce, Muenster Cheese on Grilled Kaiser Roll **7.50**
- Split Personality** Grilled Chicken Breast, Ham, Melted Swiss, Tomato, on Kaiser Roll **7.50**
- Rachel** Hot Corned Beef, Hot Turkey, Melted Swiss and Provolone, Russian Dressing, Topped with Sauerkraut, Grilled on Pumpernickel **7.50**

BOBBY G

Hot Turkey Breast, Melted Swiss and Provolone, Russian Dressing, Topped with Kraut, Grilled on Rye **7.50**

Terminator Grilled Roast Beef, Melted Muenster Cheese, Cole Slaw, Russian Dressing, Served on Grilled Rye **7.50**

Erin's Delight Lots of Hot Corned Beef, Cole Slaw and Russian Dressing, Served on Fresh Rye **7.50**

Luscious Larro Sliced Breast of Turkey, Crisp Bacon, Melted Swiss, Tomatoes, Russian Dressing, on Fresh Rye **7.50**

CRAB REUBEN

Homemade Crab Cake, Swiss Cheese, Cole Slaw and Russian Dressing on Grilled Rye **8.75**

Awesome Allie Turkey Pastrami, Cole Slaw, Russian Dressing, on Fresh Rye **7.50**



Wraps

Served with Homemade Potato Salad and Kosher Pickle Spears.

MR. DELI WRAP

Roast Turkey, Swiss Cheese, Lettuce and Cranberry Mayonnaise in a Honey Wheat Wrap **6.95**



Soho Wrap Grilled Chicken with Melted Mozzarella, Bacon, Lettuce, Tomato and Ranch Dressing in a Honey Wheat Wrap **6.95**

Roast Beef Wrap Roast Beef, Muenster Cheese, Tomato and Horseradish Mayonnaise in a Whole Wheat Wrap **6.95**

Buffalo Chicken Wrap Tender Grilled Chicken with Spicy Buffalo Sauce, Cool Blue Cheese and Romaine Lettuce in a Wheat Wrap **6.95**

Tuna Wrap Albacore Tuna Salad, Romaine Lettuce, Tomato in a Honey Wheat Wrap **6.95**

Paninis

Served with Homemade Potato Salad and Kosher Pickle Spears.

Mambo Italiano Ham, Salami, Cappicola, Provolone Cheese, Lettuce, Tomato, Oil and Vinegar **6.95**

New Yorker Roast Beef, Jack Cheddar Cheese, Caramelized Onions and Russian Dressing **6.95**

Capri Grilled Chicken Breast, Crisp Bacon, Tomato, Mozzarella Cheese and Basil Pesto Sauce **6.95**

VEGANINI

Fresh Spinach, Avocado, Sprouts, Romaine Lettuce, Tomato, Mozzarella Cheese and Basil Pesto Sauce **6.95**

Chicken Fajita Grilled Chicken Breast, Cheddar Cheese, Caramelized Onions, Guacamole and Salsa **6.95**

Mediterranean Fare

Gyro with French Fries **6.95**

Chicken Gyro with French Fries **6.95**

Spinach Pie Served with a Cup of Soup **7.25**

GRILLED CHICKEN ALA GRECO

Served with Feta Cheese, Lettuce and Tomato on Pita Bread, with an Order of French Fries **7.25**

Soups

Homemade daily at the deli.

Chicken Noodle Soup **cup 2.50 bowl 3.25**

Soup of the Day **Ask your Server**

Matzoh Ball Soup **cup 2.95 bowl 3.75**

Turkey Chili **cup 2.95 bowl 3.75**



Sandwiches

Served with Homemade Potato Salad and Kosher Pickle Spears. Overstuffed add 3.00.

New York Style Corned Beef Cooked Here **6.50**

Pastrami New York's Best **6.50**

Roast Beef Medium Rare, Cooked Here **6.50**

Turkey Pastrami All White Meat **6.50**

Turkey Breast **6.50**

Crab Cake Back Fin, year round **7.95**

Tuna Salad Solid white **5.95**

Chicken Salad All Breast Meat **5.95**

Egg Salad **4.95**

Smoked Ham **6.50**

Grilled American or Swiss **3.75**

Kosher Bologna or Salami Sandwich **6.25**

Cheese 75c extra.

Submarines and Hoagies

Italian Hard Salami, Ham, Cappicola, Provolone Cheese, Lettuce and Tomato **6.50**

Turkey Breast Lettuce and Tomato **6.50**

Roast Beef Lettuce and Tomato **6.50**

Club Turkey, Bacon, Lettuce, Tomato and Mayonnaise **7.25**

Virginia Turkey, Ham, Swiss, Lettuce, Tomato and Russian Dressing **6.95**

Chicken Parmesan Breaded Chicken with Melted Mozzarella and Marinara Sauce **6.95**

Eggplant Parmesan Breaded Eggplant with Melted Mozzarella and Marinara Sauce **6.95**

Cheese Steak **6.95**

Cheeseburger Lettuce and Tomato **6.95**

Sweet or Hot Peppers 50c extra.

Cheese 75c extra.





8 Ounce Burgers

Served with Lettuce, Tomato and Onion with a side of Homemade Potato Salad.

Plain Jane Burger **5.95**

Cheese Burger **6.25**
with Bacon **6.95**

Swiss and Mushroom Burger **6.75**

Hot Ham and Melted Provolone Burger **6.95**

Pizza Burger (Mozzarella and Marinara Sauce) **6.75**

We proudly serve Angus Beef Burgers.

This beef is famous for it's consistency and juicy, tender flavor.

Triple Deckers

Served on White Toast with a side of Homemade Potato Salad and a Pickle.

Deli Club Turkey, Bacon, Tomato, Lettuce and Mayonnaise **7.95**

Bronx Bomber Corned Beef, Pastrami, Swiss, Lettuce, Tomato, Russian Dressing, Cole Slaw **7.95**

All Hens on Deck Turkey Breast, Ham, Swiss, Lettuce, Tomato, Russian Dressing **7.95**

Lana Tuna Tuna, Bacon, American Cheese, Lettuce, Tomato and Mayonnaise **7.95**

Brando Roast Beef, Bacon, Tomato, Lettuce and Mayonnaise **7.95**

Cheese 75c extra.



Try One of Our Luscious Desserts

Carrot Cake

Chocolate Mousse Cake

Apple Pie

Brownies

Chocolate Pudding

Tiramisu

New York Cheesecake

Chocolate Chip Cookies

Strawberry Jello



All Natural Smoothies

Strawberry

Peach

Non-fat Yogurt

Banana

Wild Berry

Whey Protein

Beverages

Fresh Brewed Coffee **1.25**

Fresh Brewed Decaf Coffee **1.25**

Hot Tea **1.25**

Herbal Tea (TAZO) **1.50**

Hot Chocolate **1.50**

Fresh Orange Juice

Large **2.75**

Small **1.65**

Apple, Grapefruit or Tomato Juice **1.95**

Milk **1.60**

Chocolate Milk **1.75**

Fresh Brewed Iced Tea **1.75**

Pink Lemonade **1.95**

Snapple (Assorted Flavors) **2.25**

Fountain Drinks **1.95**

Dr. Brown's Sodas (Assorted Flavors) **1.75**

New York Egg Cream **1.95**

Ocean Spray Cranberry Juice **2.50**

V8 Juice **2.50**

Fuze **2.50**

Vitamin Water **2.50**

Perrier **1.75**

FREE Fountain Refill with Food Purchase.

Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.